

Volunteer Opportunities

Group Co-Facilitator: Co-Facilitate social and emotional development programs for girls or boys in 6th grade (*must have National Facilitator Certification*) Time commitment is 2 hours per week for 10-12 weeks. Contact Anna Abella at 813-514-9555 x115 or aabella@opbi.org.

Coach: Become a coach for Girls on the Run, a self-esteem and running program for elementary or middle school girls. The time commitment is 2 sessions (approx. 3 hours) per week for 12 weeks (during after school hours). Contact Kate Blackman at 813-514-9555 x102 or kblackman@opbi.org.

Running Buddy: Run alongside a Girls on the Run participant to encourage and support her as she completes her 5K run. The time commitment is one afternoon session and a 5K race held in the spring or fall. Contact Kate Blackman at 813-514-9555 x102 or kblackman@opbi.org

Mentor: Become a mentor for a young woman or young man ages 18-14 through one of our leadership programs, the Young Women's Leadership Board or Strong Men. The time commitment is a minimum of 5 hours per month, with occasional additional meetings. Contact Kate Blackman at 813-514-9555 x102 or kblackman@opbi.org for YWLB, and Dan Ribas at 813-514-9555 x108 or dribas@opbi.org for Strong Men.

Co-Leader, Speaker, or Event Assistant: Help lead or volunteer to speak at one of our high school leadership program meetings. The time commitment is 1-4 hours. There will also be opportunities to help with events. Contact Tiffany Shillingford for the Ophelia Teen Ambassadors (girls' program) at 813-514-9555 x118 or tshillingford@opbi.org, or Dan Ribas for TriBE (boys' program) at 813-514-9555 x108 or dribas@opbi.org.

Office Assistant: Offer your organizational skills to help with the daily work of running a non-profit, including answering phones, filing, copying, data entry, and other organizational duties. The time commitment is flexible. Contact Jennefer Castellano at 813-514-9555 x105 or jcastellano@opbi.org.

